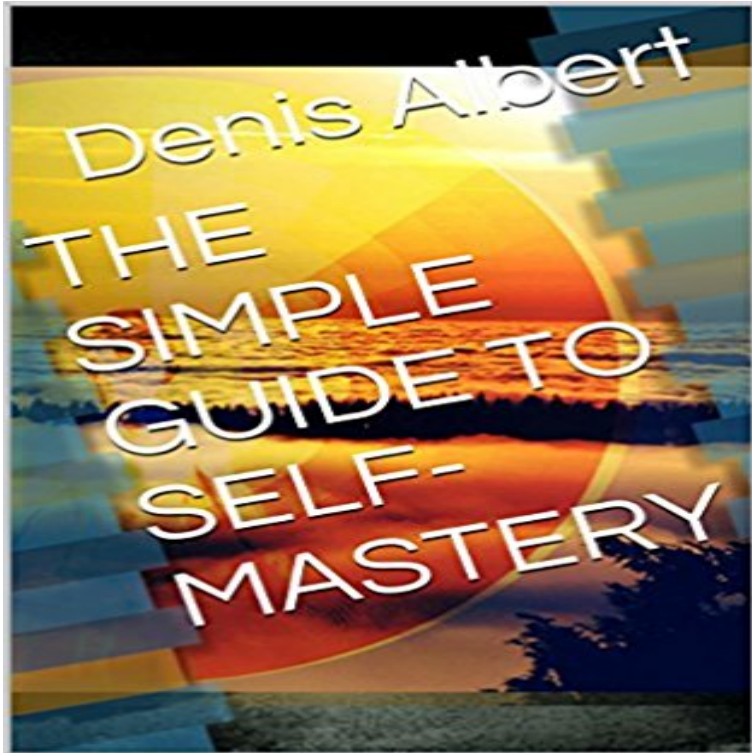


## THE SIMPLE GUIDE TO SELF-MASTERY



The title of this guide could have easily been called Becoming Illustrious and Deeply Rooted Within and (and without) yourself. Yet somehow it would not have given the right impression to the countless persons wishing to gain mastery over themselves so that they can live the live where they are in control of their time and energy.

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