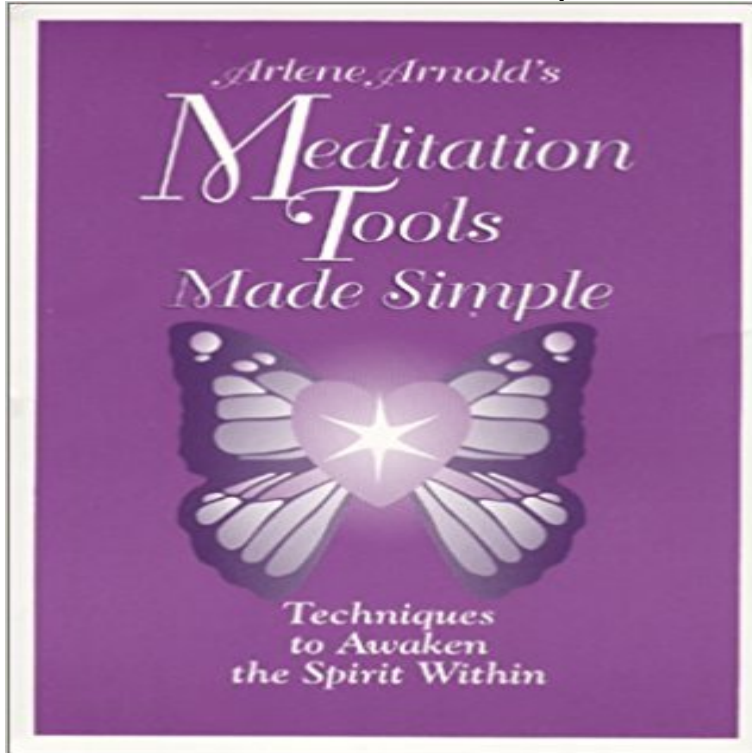


## Meditation Tools Made Simple : Techniques to Awaken the Spirit Within



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