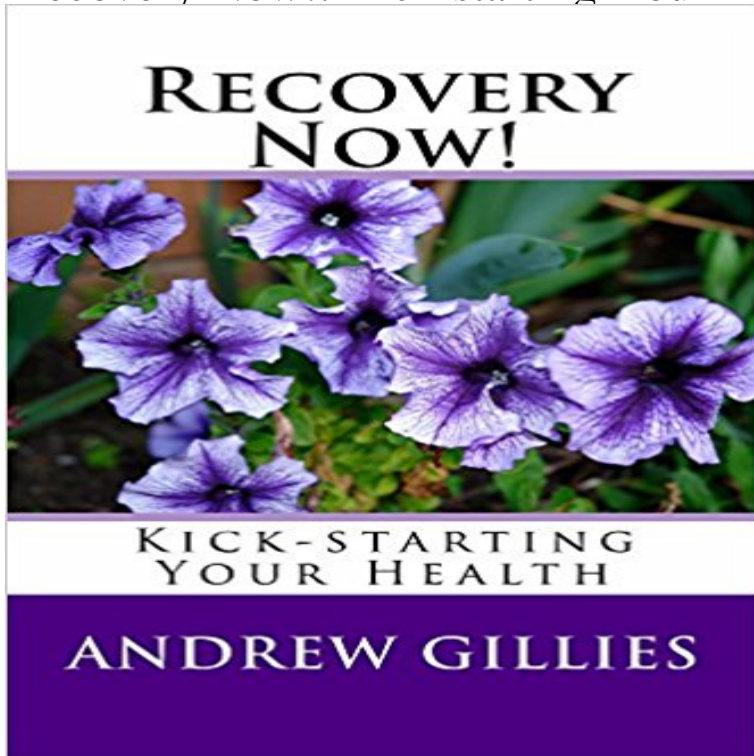


## Recovery Now!: Kick-starting Your Health



So much has changed in the world in recent years in terms of technological advances, and the global community is united by the information highway. In this day and age, no human being should have to live with the belief that there is nothing they can do to recover from a serious illness or debilitating condition. Recovery Now! is a message of hope and empowerment that not challenges traditionally accepted Western understandings related to health and illness, but also lays out the steps to be taken and illustrates various alternative methods that have been getting exciting results. There IS a choice.

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